

# Xtreme.ie Adventure Centre @ Courtlough



## Packages Available

<p><b>ADRENALINE</b> 1 x Aerial Trekking Level Climbing Wall Zip Line 150 Abseiling <b>€65</b> Giant Swing Archery <b>2 HOURS</b></p>	<p><b>ADVENTURE</b> 1 x Aerial Trekking Level Climbing Wall Zip Line 150 <b>€45</b> Archery <b>3 HOURS</b></p>
<p><b>DYNAMO</b> 2 x Aerial Trekking Levels Zip Line 150 <b>€35</b> <b>2 HOURS</b></p>	<p><b>VERTIGO</b> Climbing Wall Archery <b>€25</b> <b>1.5 HOURS</b></p>
<p><b>CLIMBING WALL</b> <b>€15</b> <b>45 MINS</b></p>	<p><b>ARCHERY</b> <b>€15</b> <b>45 MINS</b></p>
<p><b>ADD ACTIVITY</b> 300 Metre Zip Line <b>€10</b> Giant Swing <b>€10</b> Fan Descender <b>€5</b></p>	<p><b>Family Discount</b> <b>On Adventure Package</b> <b>15% OFF FOR KIDS</b> Enter Preme Code <b>FAM007</b> when booking online Min 1 adult/Min 3 people per booking</p>

**Zip Line** - This adrenaline pumping activity is a must do! The process is easy – harness up, attach on and step off – let the zip take you away as you zip through the air at speed! This single zip wire is 150 metres long – this is a great adrenaline activity and will get you exhilarated for all that has on offer at Altitude.



**Aerial Trekking** - Tackle the aerial trekking! This is your chance to complete an obstacle course with a difference! Starting off 1.2 metres off the ground, get your bearings. Challenge the next level which is 7.5 metres off the ground! Tackle level 3 which is 14 metres high and will sure to give you an adrenaline rush!

Your Instructor will connect you to the continuous belay system and all you have to do is step off the platform and go! Simple as that.....Take on the “Spiders Web”, “Tunnel Vision”, “Rickety Bridge” and “Swinging Platforms”. So get clipped on and enjoy!



Our Balbriggan Adventure Centre boasts several fixed climbing walls which are custom built and specifically tailored. With four separate climbing walls and 10 different climbing routes – you will be sure to have a hugely exciting climbing experience.

The walls are decked with innovative shapes and are designed to cater for climbers of all levels. We also have 3 inclined slabs for beginner climbers. For the unpredictable weather conditions we experience, you will be happy to know we boast both indoor and outdoor climbing walls!



### Abseiling

Abseiling is a lot easier than it looks but the adrenaline rush will make you come back for more. Experience the thrill and excitement of lowering off the side of our 14 metre tower. Some people can be apprehensive about going abseiling, but you've no need to worry – this activity is all geared towards absolute beginners and our instructors are very experienced and highly qualified.



### Giant Swing

Listen up thrill seekers – this activity is made for you! This Giant swing is an exhilarating ride that will have you screaming with delight – and shouting for more! You and 2 of your friends will be harnessed onto this giant swing and then hoisted up to 14 metres high. Hold on tight as the swing is released and you free fall towards the ground and then gradually swing to a stop. Delivering a force of 3G, this giant swing is guaranteed to thrill!



### Fan Descender

Experience the unforgettable thrill of a vertical jump! Harness up and build up the courage to step off the platform, which is 16 metres high. The rate of descent varies so the closer you get to the ground, the slower you move – so lowers you in a controlled rate. This activity was originally developed for the armed forces to simulate parachute landings. This experience is one to remember and not to be missed!!



## Archery

Are you the next Robin Hood or Maid Marian? Archery is a versatile, competitive sport where your strength and accuracy are tested to the full. You will be taught by how to load, aim, shoot and score! You will not be disappointed in the entertainment and satisfaction that Archery can offer.

Archery is easy to get the hang of and we will get you hitting bulls eye's in no time at all!!! Gather round and meet us for an Archery experience in our purpose built Archery shelters that will ensure the activity is enjoyable – no matter what the weather!



## Fact File:

**Location: Xtreme.ie, Courtlough Shooting Grounds, Balbriggan, Co. Dublin**

**Minimum Age: 7 years old**

**Booking: Book Online (Up to 24 people) at [www.xtreme.ie](http://www.xtreme.ie)**

**Phone Bookings: 01-690 2070**

**Advance booking required to avoid disappointment!!**